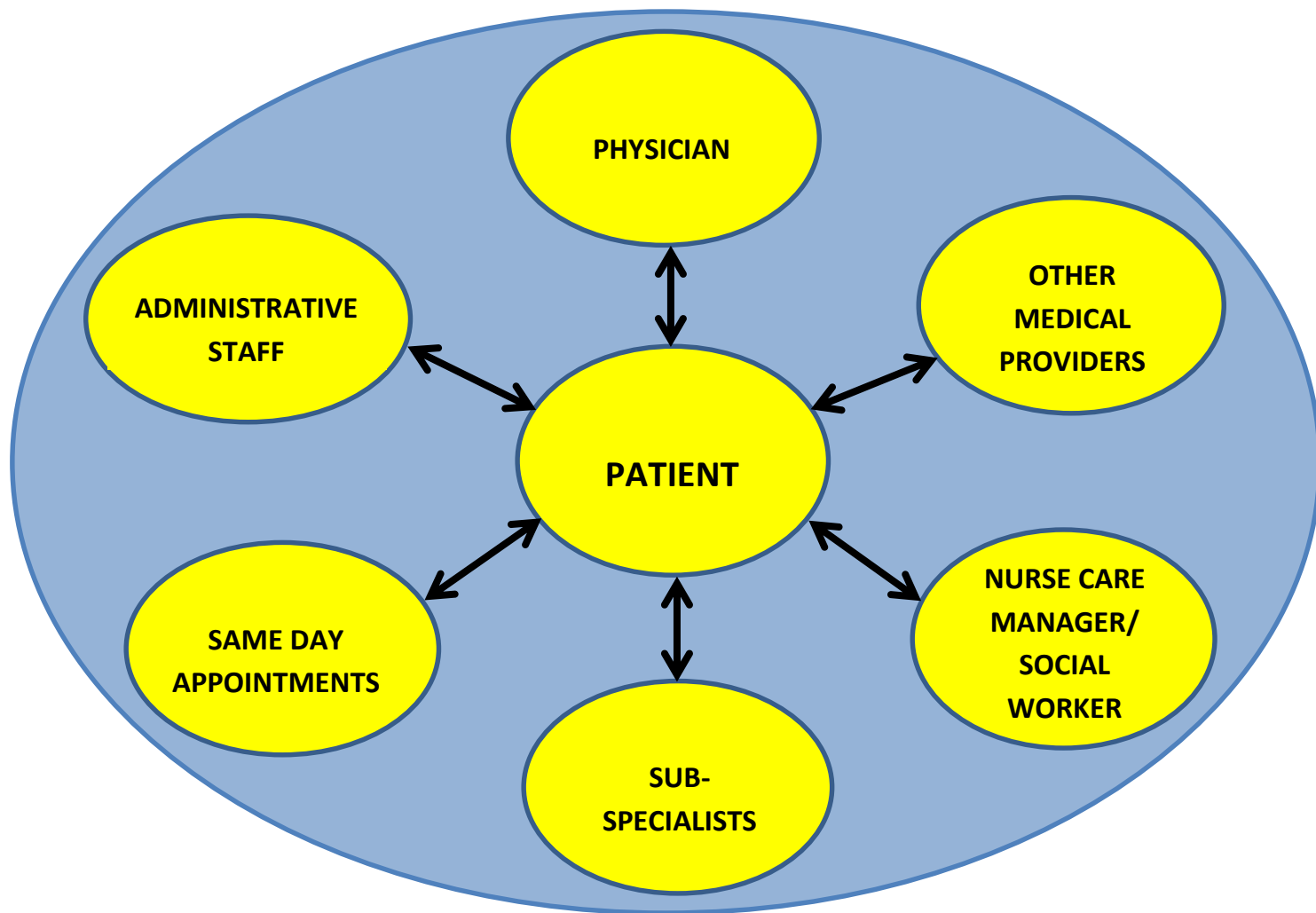


A PATIENT CENTERED MEDICAL HOME

PRACTICE

YOUR HEALTH CARE TEAM



What is a Patient Centered Medical Home?

- ❖ **A medical practice model that:**
 - *Focuses on your needs*
 - *Works closely with you*
- ❖ **Provides a team approach to healthcare**
- ❖ **Measures quality to maintain exceptional standards**
- ❖ **Provides preventive care including:**
 - *Annual physical*
 - *Up-to-date immunizations*
- ❖ **Age and gender appropriate tests such as lead and cholesterol screening, developmental evaluations, hearing and visual testing**
- ❖ **Provides educational information through methods that might include:**
 - *Social Worker / Nurse Care Manager*
 - *Health Educators*
 - *Printed handouts*
 - *On-line resources*
 - *Classes on specific health topics*

What is my role in this model of healthcare?

- ❖ **Provide your doctor with a complete history of:**
 - *Your recent problems*
 - *Care provided by other doctors including emergency departments or specialists*
 - *Newly prescribed or over-the-counter treatments and medications*
- ❖ **Follow your provider's recommendations**
- ❖ **Complete ordered tests, consultations or treatments**
- ❖ **Maintain a healthy weight and activity level**
- ❖ **Try to stop smoking**
- ❖ **Schedule and keep your appointments**
- ❖ **Always call your doctor first before going to the Emergency Room!**